



ACCESS DOCUMENT

SHYBAIRN are committed to making our performances as accessible as possible. In this pack you will find information about the provisions we are providing, as well as information about what the venues we are touring BURNOUT to provide. We recognise that this list is not exhaustive, and that there are adjustments and accessibility provisions we have not been able to provide. If we can do anything to make your visit more comfortable, please let us know and we will do our very best to help.

If you have any questions or concerns about anything in this document, please contact our Producer, Becky: becky@shybairntheatre.co.uk

CONTENTS

1. Content Warnings - PAGE 1
2. Loud Bangs: Scene Breakdown - PAGE 2
3. Creative Captions - PAGE 2
4. Relaxed Performances - PAGE 2
5. Venues - PAGE 3-4
6. Our Team - PAGE 4

Content Warnings

This show contains content that some people may find difficult, including:

- Explorations of racism
- Depictions of microaggressions
- Depictions classism
- Explorations of the effects of the climate crisis including mentions of flooding, burnout, and eco-anxiety
- Voluntary audience reaction - audience members will be asked (but not required to) carry out instructions given to them

Loud Bangs: Scene Breakdown

Approximately 35-40 minutes into the play, the performer Lekhani playing Amara will bang the pink ukulele on top of the big crate.

Approximately 45-50 minutes into the play, the performer Lekhani playing Amara will bang the small wooden crate onto the floor. She will also tip plastic bottles onto the stage repeatedly for approximately 1-2 minutes. The sound may be loud and alarming

Creative Captions

Captions are creatively embedded into BURNOUT, and will be available at every performance. As well as deaf audiences, there are many other people who can benefit from captions. They are useful for anyone for whom English isn't their first language, for instance, or for people who need support with concentration.

The words spoken by the two performers will be displayed as text, projected onto the back wall of the venue or onto a screen, similar to television subtitles. There will be a pre-show caption projected saying 'If you can read this, it is a good place to sit to see captions clearly' to help you avoid bad sitelines.

Relaxed Performances

We are offering relaxed performances on the following dates:

- **Tuesday 30th May at 7.30pm:** [Theatre by The Lake](#), Cumbria
- **Friday 2nd June at 7.30pm:** [Live Theatre](#), Newcastle

You can relax and enjoy the performance in any way that benefits you. This means that if you would like to make a bit of noise, tic, vocal stim or wriggle around throughout the performance, you're very welcome to do so. The show does not contain strobe, flashing lights, and House Lights will be dimmed but not turned off for the duration of the performance. There are 2 sudden loud noises which are noted above, and audience members are free to leave and re-enter the performance at any point. Haze will still be used in relaxed performances.

Depending on the venue, there may be access to a Quiet Space. A Quiet Space is somewhere audiences can retreat to if they feel overwhelmed by the sensory input from the production or surrounding environment. There will be members of our team and venue staff on hand to assist audience members,

Venues

Theatre By The Lake, Cumbria, 30th & 31st May

- Information on accessibility while visiting Theatre By The Lake can be found [here](#). You can find details about booking access tickets, facilities at the venue, their policies, as well as a form where you can let them know about your specific requirements prior to visiting.
- The Theatre has level access points, drop counters, step-free access (1 elevator) and accessible toilets on all floors.
- You can contact the Box Office if you have further questions or requirements to flag, either by phone (017687 74411) or email (enquiries@theatrebythelake.com)

Live Theatre, Newcastle, 2nd & 3rd June

- Live Theatre provides information about accessing the venue [here](#). You can find details on parking, venue facilities, their induction loop hearing system, and access need specific information.
- There is step-free access throughout the building, including a few low gradient ramps.
- If you have further questions or requirements to flag, you can contact them by phone on (0191) 232 1232, by Typetalk on 18001 232 1232 or by email to tickets@live.org.uk

South Street Arts Centre, Reading, 7th June

- You can find access information to help plan your visit [here](#). Details provided include information on disabled access, access tickets, guide dogs, and seat size.
- Access to both the theatre and studio spaces is available via flat or ramped access.
- Get in touch if you have any questions, or requirements the venue should know. Please email if you can - boxoffice@reading.gov.uk - or call the South Street Office for non-ticketing enquiries on 0118 937 3456

Our Team

If you are unsure of anything please ask one of our team members. They are available to make the performance as accessible as possible for you.



Caitlin Evans
Director



Becky Jones
Producer

Steff Andrews
Technical Stage Manager



Lekhani Chirwa
Performer playing 'Amara' and other roles



Chloe Wade
Performer playing 'Bridgette' and other roles